

OHIO RACEWALKER



VOLUME XI, NUMBER 12

COLUMBUS, OHIO

FEBRUARY 1976

Well, fans, with no big stories or races to feature, here I sit at the typewriter, introducing another thrill-packed chapter in the race-walking saga with "Well fans." Unfortunately, the issue may go downhill from there. If you are wondering why no National Indoor results, the reason is one of timing. I have to give the printer (actually the printing shop at Battelle, the research institute at which I make my bread) about 5 days. If I waited to include the Nationals I could not get the copy in until Monday, March 1 and would probably get it back the following Friday. Then if I mail it under the second class pending bit, it will probably be at least another week before it gets to you. Therefore, I plan to get this to the printer on Monday, February 23 and move the whole process up a week.

Actually, I am still on the fence on the Second Class mail permit. I haven't yet actually made the application, although the plan was to do so with this issue. From a purely economic view, the savings in postage will be tremendous (if anything on a \$70 - \$80 a month operation can be so termed). Anyway, it may run as little as 3¢ a copy I was told. On the other hand, mailing will become a bit more complicated and, more important to you, service will definitely be slower. With the printing delay I already have, this means you will never be getting very fresh news. An alternative is to go to a commercial printer, get quicker service, but about double the cost of printing and have a much less convenient arrangement than I have now. If I did this, the increased printing costs and the postage savings would just about cancel out. So, as I say, I am putting this together, still uncertain as to what my decision will be. But since you are now reading this, apparently I did mail it some way.

Since we have nothing more momentous to report than a rambling publisher's statement regarding his vacillations, let your editor now plunge into the monthly compendium of race-walking results from throughout the world, starting as usual in the New England colonies, moving across the country, into Canada, and thence across the oceans.

5.5 Mile, Lowell, Mass., Dec. 3--1. Dennis Slattery 46:54 2. George Lattarulo 48:45 3. John Farrell 48:56 4. Sig Podlozny 65:47 5. Fred Brown Sr. 66:03 2.5 Mile, Cambridge, Mass., Dec. 24--1. George Lattarulo 37:50 (Correct time. Deep snow with a crust that the walkers kept breaking through.) 2. Sig Podlozny 47:55 3. Fred Brown Sr. 58:43 5.5 Mile, Lowell, Dec. 31--1. Robert Whitney 47:15 2. Tony Medeiros 42:40 Fred Brown Sr. 53:30 4. George Lattarulo 38:15 5. Sig Podlozny 60:20 (As you can see, this was a handicap and these are not 5.5 mile times. According to Fred Brown, "The timer started his New Year imbibing early and got the times all balled up after the 4th lap. These are the positions at the end of the 4th lap and the corrected times. The damn affair was held on glare ice. A few beers, and that ended the year.")

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Columbus, Ohio 43202



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5.5 Mile, Lowell, Jan. 7--1. Mike Regan 48:40 2. Charles Scott 49:53 3. Tony Medeiros 49:04 4. Dennis Slattery 46:17 5. Fred Brown Sr. 65:15 6. George Lattarulo 52:24 7. Jim Regan 51:35 8. John Farrell 56:43 9. Sig Podlozny 76:48 5.5 Mile, Lowell, Jan. 14--1. John Farrell 48:04 2. Mike Regan 48:57 3. Dennis Slattery 46:11 4. Tony Medeiros 50:24 6. Sig Podlozny 72:10 (Medeiros now competing unattached as he is forming a new club with local VWV backing. He had been competing for North Bedford Club for more than 40 years.) 5.5 Mile, Lowell, Jan. 21--1. Dennis Slattery 47:59 2. George Lattarulo 48:56 3. Tony Medeiros 48:59 4. Charles Scott 50:05 5. John Farrell 56:20 1 Mile, Hanover, N.H., Jan. 23--1. Tom Knatt 7:05.2 2. Bob Falcicola 7:05.9 3. George Lattarulo 7:35.6 4. Paul DeVegre, nt 5. John Spinney, nt 6. Steve Vaitones, nt Women's 1 Mile, same place--1. Karen Sheets 8:40 2. Tara McNulty 8:53.4 5.5 Mile, Lowell, Jan. 28--1. Mike Regan 50:08 2. Tony Medeiros 50:33 3. Dennis Slattery 47:12 4. John G. unihan 53:25 5. Fred Brown Sr. 71:15 6. Sig Podlozny 75:38 2 Mile, Franklin, Mass., Jan. 23--1. Tom Knatt 14:34.5 (nice of Tom to celebrate my birthday with victories in two races) 2. Bob Falcicola 14:41.5 3. George Lattarulo 15:53 4. John LaFranc 17:56 5. Ed Sandifer 18:07.5 6. John Counihan, nt NEU 1 Mile, Boston, Feb. 1--1. Tom Knatt 6:59.1 2. Dennis Slattery 7:18 3. George Lattarulo 7:40 4. Paul deRegat 7:40.5 5. Paul Schell 7:52 6. John Gray, nt 7. Dave Jollif, nt 8. John Counihan, nt 5.5 Mile Lovell, Feb. 4--1. Charles Scott 49:44 2. Mike Regan 49:37 3. Tony Medeiros 49:56 4. Dennis Slattery 47:40 5. Sig Podlozny 66:25 6. Fred Brown Sr. 66:55 7. George Lattarulo 58:42 1 Mile, Philadelphia, Jan. 23--1. Ron Kulik 6:42.0 2. John Fredericks 6:44.9 3. Paul Andrews 6:48.5 4. Bob Kitchen 6:58.5 5. Joe Stefanowicz 7:07.5 6. Dave Romansky 7:09 7. Bob Falcicola 7:13 8. Bob Munn 7:37 2 Mile, Lawrenceville, N.J., Feb. 13--1. Ron Daniel 13:34.5 2. John Fredericks 13:44.3 3. Dave Romansky 13:51.8 4. Ron Kulik 14:21.2 5. Ray Somers 14:29 6. Paul Andrews 14:29.5 7. Bob Falcicola 14:47.8 8. Steve Casarella 15:05 1 Mile, Lynchburg, Va., Feb. 7--1. Todd Scully 6:29.2 1 Mile, Lynchburg, Feb. 11--1. Todd Scully 6:12.2 (Off the top of my head, only Don DeLoon and maybe Dave Romansky have gone faster indoors--Dave has definitely been faster outdoors--among Americans. I should have such statistics at my fingertips, not on top of my head, but unfortunately they are neither place.) 2 Mile, Olean, N.Y., Feb. 14--1. Ray Floriani 14:36.6 2 Mile, College Park, Md., Feb. 1--1. Sal Corrallo 15:03 2. Tom Hamilton 15:09 3. Alan Price 15:43 3. Art Kark 15:52 5. George Garland 19:11 6. Paul Robertson 19:50 Women's 880, same place--1. Gwen Good 4:41 2. Diane Batson 5:05 3. Karen Clay 5:14 Novice 880, same place--1. Ted Good 4:20 2. Morton Pereria 4:36 3. Cameron Jones 4:44 Women's 1 Mile, Detroit, Feb. 8--1. Laurie Tucholski, Ohio TC 7:54 2. Jeanne Bocci 8:11 3. Carol Mohanco 8:22 4. Mary Hovey 8:24--Jeanne, in her usual reckless fashion, led Laurie through a 1:46 or 1:47 quarter and then gave way to youth. Women's 1 Mile, Champaign, Ill., Feb. 14--1. Laurie Tucholski 7:53 2. Mary Hovey 8:32 Men's 10 Km, same place--1. Bob Henderson 47:55 2. Jerry Young 51:17.5 3. Jack Mortland 52:44... 6. Bob Smith, UTC 59:35--these two races were walked simultaneously because the meet was running way behind schedule. However, since they started at different points on the 6 3/4 lap-to-the-mile track, the men were started first and then the women immediately after the men had passed their starting point. The officials were naively figuring that no women would catch any men, despite the disparity in distance of the races. They were somewhat amazed when Laurie sailed by all but two of the men in the first couple of laps as she walked another good solo race. Henderson blasted a 7:01 first mile and then eased off the rest of the way with no competition. Young looked very good all the way

lapping a decrepit old ORW editor with about a mile to go. Bob Smith improved on his efforts of last year on this track as he cracked the hour barrier. 3 Mile, Springfield, Ohio, Feb. 1--1. Jack Blackburn 28:20 2. Bob Smith 30:53 3. Tim Blackburn 32:09 4. Terry McClune 33:01 5. Dr. John Blackburn 33:37 5.5 Miles, Englewood, Ohio, Feb. 15--1. Jack Blackburn 53 plus 2. Tim Blackburn 58 plus 3. Terry McClune 60 plus 4. Bob Smith 61 plus 5. Doc Blackburn 52 plus--Times were recorded on a wrist watch and are based on Doc's recollection. I had planned to be there but got back from Champaign on Saturday night to find a sick family. Probably just as well. I would probably have suffered as much as Snitty probably did following the hard race and long drive back. 10 Mile, Columbia, Mo., Dec. 20--1. Augie Hirt 1:27:30 2. Dave Leuthold 1:46:30 3. Bill Clark 2:07:57 4. Henry Bent (Age 75) 2:09:52 5 Mile, Columbia, Jan. 3--1. Bill Clark 60:11 20 Km, Columbia, Jan. 17--1. Augie Hirt 1:46:30 (26:00, 52:27, 1:18:30) 2. Jerry Young 1:51:39 (25:52, 53:10, 1:20:23) 3. Henry Bent and Bill Clark 2:39:51 4.5 Mile, Lake Darling, Iowa, Nov. 17--1. Randy Munn 38:04 2. Jim Breitenbacher 39:05 3. Bob Jordan 39:31 4. Bill Wolf 43:14 5. Garland Peterson 43:48 6. Paul Mack 43:53 7. Kevin Berneman 48:12 Women's 2 Mile, same place--1. Ericka Dahlstrom 19:21 2. Mariann Atwood 20:17 3. Angela Eidahl 28:34 5 Mile, Des Moines, Nov. 27 (6 in. of snow)--1. Dave Eidahl 44:29 2. Bill Wolf 55:00 3. Eric Dahlstrom 65:32 4 Miles, Newton, Ia., Dec. 21--1. Dave Eidahl 32:57 2. Stan Smith 33:36 3. Mike Rummelhart 34:29 4. Bill Wolf 40:07 5. Mike Hook 42:40 6. Eric Dahlstrom 46:56 Women's 2 Mile, same place--1. Ericka Dahlstrom 20:18 2. Mariann Atwood 21:34 3. Lynn Wunderlich 22:09 4. Anglea Eidahl (age 8) 27:30 6 Mile Boy-Girl Relay, Newton, Ia., Dec. 7--1. Lynn Wunderlich-Mike Rummelhart 55:56 2. Mariann Atwood-Bill Wolf 59:21 3. Ericka Dahlstrom-eric Dahlstrom 60:32 2 Mile, Ottumwa, Ia., Jan. 18--1. Dave Eidahl 16:13 2. Bill Wolf 19:57 3. Eric Dahlstrom 20:31 Women's 2 Mile, same place--1. Ericka Dahlstrom 20:25 2. Lynn Wunderlich 21:42 3. Mariann Atwood 22:07 1 Mile, Boulder, Colo., Dec. 13--1. Greg McGuire 6:51.5 1 Mile, Boulder, Jan. 25--1. Greg McGuire 7:13 1 Mile, Boulder, Feb. 8--1. Mike Young 8:22 Women's 1 Mile, Boulder, Feb. 8--1. Norma Howitt 8:55 5 Km, Oakland, Cal., Oct. 12--1. Tom Dooley 22:41 2. Jerry Lansing 22:42 3. Ron Laird 23:25 FAAA 85 M, Nov. 2--1. Tom Dooley 3:48:50 -- only finisher, Jerry Lansing out at 20, Goetz Klopfer at 15 5 Mile, San Francisco, Dec. 21--1. Wayne Glusker and Tom Dooley 37:04.5 3. Manny Adriano 39:55 4. Phil Mooers 50:52 20 Km, S.F., Dec. 28--1. Wayne Glusker 1:36:47.6 2. Manny Adriano 1:40:54.6 3. Richard Wright 1:54:18 4. Sandy Briscoe 2:01:41--many others including Steve Lund (1:42:50 at 9 miles), Jerry Lansing (49:16 at 7 miles), Roger Duran (63:30 at 7), Bill Ranney (39:50 at 5), Bryan Snazelle (32:23 at 4). 7 Mile, Stanford, Jan. 25--1. Goetz Klopfer 52:16 2. Tom Dooley 52:19 3. Jerry Lansing 53:20 4. Bill Ranney 56:30 5. Manny Adriano 56:40 6. Phil Mooers 69:25 3 Km, Portland, Jan. 31--1. Bob Korn 12:53:47 2. Dennis Reilly 12:58:16 3. Rob Frank 13:29:39 4. Duke Menslee 13:50:30 5. Jeff Reynolds 13:52:30 (11 finishers) Women's 1 Mile, Inglewood, Cal., Feb. 6 (Indoors)--1. Sue Brodock 7:11 (World's best ever, indoors or out) 2. Linda Brodock 8:03 15 Km, Seattle, Dec. 27--1. Steve DiBernardo 1:17:47 2. John Sherrill 1:29:48 3. Torry Linbloom 1:32:12 4. Dean Ingram 1:34:45 5. Steve Geiver 1:39:30 20 Km, Toronto, Jan. 1--1. Pat Farrelly 1:45:39 2. Glenn Sweazey 1:46:26 3. Al Urdnik 2:06:27 3 Km, Toronto, Jan. 17--1. Alex Oakley 13:47.2 2. Pat Farrelly 14:16.4 3. Robert Scollard 15:58.8 Ontario 3 Km, Toronto, Feb. 7--1. Alex Oakley 13:49 2. Pat Farrelly 14:11 3. Bill Arnold 14:58 4. Brian Burke 15:29 5. Robert Scollard 15:37 10 Km, Toronto

Feb. 15--1. Alex Oakley 47:51 2. Pat Farrelly 48:09 3. Glenn Sweazey 50:08 4. Roman Olszewski 52:58 5. Robert Scollard 55:14 6. Roger McEachern 55:54 7. Arkadiusz Rudnik 58:16 Girl's 1500 meter, Quebec, Dec. 13--1. Brigitte Paradis 8:04.4 Boy's 1500, same place--1. Guillaume Leblanc 7:20.3 2. Simon Gagne 7:20.9 Men's 3 Km, same place--1. Pierre Leblanc 13:33.2 2. Donald Martin 15:51 Women's 1500, Montreal, Jan. 17--1. Jacinthe Theberge 7:52.8 2. Terry Lalonde 8:08.8 3. Johanne Couture 8:16 Men's 5 Km, same place--1. Marcell Jobin 22:15 2. Hermann Beaulieu 25:04 3. Denis Arseneault 25:08 4. Yvon Groulx 25:16 5. Bill Arnold 25:21 3 Km, Montreal, Jan. 24--1. Pierre Leblanc 13:18 2. Hermann Beaulieu 14:34 3. Luc Menard 14:47.6 4. Mario Potvin 15:39.6 Women's 1500, Quebec, Feb. 7--1. Jacinthe Theberge 7:45.5 2. Terry Lalonde 8:05.4 3. Claire Martel 8:26.7 Men's 3 Km, same place--1. Marcel Jobin 12:38 (Canadian National record) 2. Pierre Leblanc 13:31.6 3. Denis Arseneault 14:23.8 4. Hermann Beaulieu 14:23.8 5. Mario Potvin 14:45 6. Yvon Groulx 14:56.2 (Jobin's splits: 4:03, 8:22) Women's 6500 meter, South Birmingham, Eng., Nov. 22--1. Virginia Lovell 33:46 2. Sally Wish 34:08 3. M. Brown 36:14 British Women's National 6500, Uxbridge, Dec. 6--1. Judy Farr 32:12 2. Marion Fawkes 32:24 3. Christine Coleman 32:48 4. Sylvia Saunders 33:51 5. Sally Wish 34:10 6. J. Mulvenna 34:57 British Girl's (Under 15) National 3 Km, same place--1. Elaine Cox 15:40 2. K. Baker 15:53 3. S. Smith 16:04 4. J. Hickey 16:07 British Girl's (Under 13) National 2 1/2 Km, same place--1. K. Eden 13:06 2. J. Barrett 13:25 3. K. Griffin 13:31 7 Mile, Bexley, Eng., Dec. 13--1. Amos Seddon 49:53 2. Carl Lawton 49:58 3. Peter Selby 51:26 4. Shaun Lightman 52:21 10 Km, Chigwell Row, Dec. 20--1. Carl Lawton 44:46 2. Amos Seddon 45:09 3. Steve Gower 45:31 4. Charlie Fogg 47:00

* The Ohio Racewalker is published 12 times annually. Address all correspondence, both subscription and editorial to: Ohio Racewalker, 3184 Summit Street, Columbus, Ohio 43202. The annual subscription rate is \$4.00. (Foreign Airmail \$8.00) Editor and Publisher: Jack Mortland.

UPCOMING RACES THROUGHOUT THE STATES

Sat. Mar. 6--5 Mile, Columbia, Mo., 9 a.m. (D)
 Sun. Mar. 7--10 Km Open, 1 Mile Women, Champaign, Ill., 12 & 1 p.m. (A)
 Sat. Mar. 13--PAAAU 50 Km, Sacramento, Cal., 8 a.m. (M)
 5 Mile and Women's 3 Mile, Des Moines, Ia., 10 p.m. (J)
 1 Mile, Seattle Invitational (I)
 Sun. Mar. 14--20 Km, Long Branch, N.J., 1:15 p.m. (B)
 25 Km, Lakeland, Fl., 7 a.m. (C)
 5 Km, Kenosha, Wis., 1:30 p.m. (K)
 3 Mile, Ottumwa, Ia., 2 p.m. (J)
 Sat. Mar. 20--3 Mile, Columbia, Mo., 11 a.m. (D)
 Sun. Mar. 21--20 Km (track), San Francisco, 10 a.m. (M)
 Conn. AAU 5 Km, Hartford, 11 a.m. (O)
 6 Miles, Mills, Ia., 1 p.m. (J)
 Sat. Mar. 27--Wis. AAU 1 Mile, Whitefish, 9 p.m. (K)
 20 Km, Seattle, Wash. (I)
 Sun. Mar. 28--15 Km, 10 Km Jr., 5 Km Women, Washington, D.C. (E)
 5 Mile, Cedar Rapids, Ia., 1 p.m. (J)
 20 Km (track), Kings Point, N.Y., 8:30 a.m. (P)

Sat. Apr. 3--NVAU & Open 1 Hour, Columbia, Mo., 2 p.m. (D)
 NAAU SENIOR, MASTERS, & B 100 Km, LONGMONT, CO., 5:30 a.m. (F)
 Sun. Apr. 4--NAAU Master's 20 Km, Raleigh, N.C.
 10 Mile, Washington, D.C., 9 a.m. (E)
 Sat. Apr. 10--NVAU & Open 50 Km, Columbia, 9 a.m. (D)
 Iowa AAU 20 Km, Women's 5 Km, Cedar Rapids, 1 p.m. (J)
 Sun. Apr. 11--NAAU SENIOR, MASTERS, & B 75 KM, W. LONG BRANCH, NJ (B)
 7 Mile Handicap, Kenosha, Wis., 1:30 p.m. (K)
 Conn. AAU 3 Km, Hartford (O)
 Sat. Apr. 17--1 Hour, Lakeland, Fla., 8 p.m. (C)
 NAAU SENIOR 25 KM, SEATTLE, 10 a.m. (I)
 6 Mile (track), Kenosha, Wis., 4 p.m. (K)
 20 Km, 10 Km Jr., 5 Km Women, Washington, D.C. (E)
 Sat. Apr. 24--Walk-Run Pentathlon, Columbia, Mo., 9 a.m. (D)
 2 Mile, Kenosha, Wis., 3 p.m. (K)
 Sun. Apr. 25--NAAU MASTER'S 25 Km, VERONA, N.J. (B)
 REAAU 20 Km, Boulder, Colo., 7:30 a.m. (F)
 Sat. May 1--Missouri Cup 20 Km; Women's 5 Km, Columbia, 10 a.m. (D)
 6 Mile, Kenosha, Wis., 10:30 a.m. (K)
 Sun. May 2--NAAU JUNIOR AND B 5 KM, DELTA PARK, PORTLAND, ORE (C)
 5 Mile Men, 3 Mile Women, Des Moines, Ia. (J)
 Sat. May 8--NAAU SENIOR 20 KM, HUNTER COLLEGE, N.Y. (P) (or Sunday)
 10 and 20 Km (track), Kenosha, Wis., 11 a.m. (K)

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LOOKING BACK

10 Years Ago (From the Feb. 1965 ORW)--Don DeNoon blasted a 6:10.2 world's best for the mile in winning the LA Times Indoor meet. Covering the first half in 3:04, he just kept going and left Ron Laird, waiting for him to fold, some 20 seconds back. The following day, Laird got a measure of revenge edging DeNoon in a 10 Km with a 44:47.2. DeNoon had 44:53...Back on the East Coast, Ron Daniel was the big gun with 1 Mile wins in 6:32.9 and 6:36.2. Rudy Haluza, destined for a great year outdoors, was second in the latter race with 6:37.5....We published for the first time in that issue a list of the best track and field performances by race walkers. Since we didn't have much data available, every record except the pole vault was held by either Jack Blackburn or Jack Mortland. The pole vault was in the hands of Dr. Blackburn. However, the list elicited some response and has been updated a few times since. With our wider readership, it is about time to do so again and get a really legitimate list with your input. Look for it later in this issue, or in next month's issue (Shows how far ahead I plan in putting this together.)
 5 Years Ago (From the Feb. 1971 ORW)--"In one of the most exciting races in Garden history, Ron Laird launched the 1971 championship season with



OHIO TRACK CLUB ROGUE'S GALLERY. Shown finishing in last summer's National 10 km in Bridgeport are Jack Blackburn (right) and Bob Smith (left). Some day we'll show you Jack 10 or 15 years ago when he had the same hair stylist as Bob.



Bernd Kannenberg (1) and Karl-Heinz Stadtmüller battle with 2800 meters to go in the 1975 Lugano Cup 20 km race. Stadtmüller proved too quick for his West German rival over this final lap. (Photo by Jerry Brown)

another in his long string of national titles." That was the indoor 1 mile and NYAC clubmate Ron Daniel just missed nipping Laird at the tape as they recorded 6:24.9 and 6:25.0. Just a few strides further back in 6:26.9 was Larry Walker. In the early going, Laird traded the lead back and forth with defending titlist Dave Romansky. When Dave was told that his mode of progression was not in keeping with the rules of the sport, at about the half-way point, Laird was on his own until Daniel's closing surge. Ron Kulik was also involved in the tight, five-man race through the early stages, until he too came into extreme disfavor with those charged with judging the contest. Thus Ray Somers, John Kinfon, and Greg Diebold had their own race for 4, 5, and 6 with Ray edging the other two in 6:43.6. Eight judges were on hand, so the walkers were closely watched, as the two unfortunates mentioned above learned.... Earlier, Romansky had set an American record for 1500 meters with 5:49.8, leaving Daniel some 12 seconds behind. That is equivalent to about 6:15 Out in the Bay area, Tom Dooley showed his versatility with a 21:46 for 5 Km followed a week later by a 35 Km in 2:56:34. Bill Ranney was just 2:22 back.... Laird edged Walker in the LA Times meet with 6:28.8.... Smitty will never forgive me if I let this one pass without mention, so I had best refer to the First (and, I guess, last) Annual "Loafer's" race in Dayton. The choice was 6 or 18 miles for this one and the "Loafer's" designation, as we found upon arriving at the race site, was derived from the prizes--four beautiful loaves of home-baked bread, in graduated sizes, prepared by Bob's wife, Bobby. Since my wife had demanded that we have that big loaf, I struggled through the last 5 miles to win the 18 in 2:50:09, only to find the prizes were based on positions at 6 miles, at which point I had led and could just as well have stopped. Dale Arnold was second at 18 in 3:07:21 with Jack Blackburn staggering home in 3:10:20. Doc edged Clair Duckham at 6 in 62:01, with Smitty, who gets plenty of home-baked bread anyway, well back.

Final U.S. Master's Postal Competition For 1975

(Conducted and compiled by Dave Leuthold, Columbia, MO.)

30 Km, October--1. Chris Amoroso (41) 2:56:27 2. Leonard Bisen (45) 2:59:12 3. Dave Leuthold (42) 2:59:35 4. Bob Chapin (43) 3:06:36 5. Rob Spier (53) 3:12:44 6. John Evans 3:28:10 7. John Scimone (41) 3:41:55 8. Hank Stephenson (43) 3:41:56
50 Km, November--1. Amoroso 5:06:03 2. Leuthold 5:54:52 3. Spier 6:06:47 4. Henry Bent (75) 7:31:50

Overall Point for Year: 1. Leonard Bisen, Columbia TC--75 2. Chris Amoroso, Colorado TC--74 3. Rob Spier, Columbia--69.5 4. Dave Leuthold, Columbia 67.5 5. John Kelly, HHS--50 6. Jack Mortland, CTC--47 7. Jack Boitano, Stratford Spartans--45 8. Bob Minn, Penn AC--44 9. Howard Barnes, SS--37 10. Tony Medeiros, North Medford--36 and so on
40-49 Category: 1. Amoroso 2. Bisen 3. Leuthold 4. Kelly 5. Mortland 6. Boitano 7. John Scimone 8. Bob Chapin 9. Bruce MacDonald 10. Justin Gershury

50-54: 1. Spier 2. Minn 3. Barnes 4. George Lundmark 5. Don Johnson 6. Rufus Reed 7. William Taft 8. Gregg 9. John Gray 10. Bob Long
60 plus: 1. Medeiros 2. Larry O'Neill 3. Clair Duckham 4. Ed Doran, Dave Lakritz, and Henry Bent.

How can Bisen finish ahead of Amoroso overall but second to him in the 40-49 group? Leuthold explains: Each entrant receives a point for finishing and for each person he beats in his category (or for all persons he beats in the overall category). During the year, Bisen and Amoroso competed head to head in 5 events (with Chris winning all of them). Bisen entered four events that Chris did not and beat enough people to overhaul Amoroso in the overall category. But there were not enough 40-49 entrants in these races for him to catch Chris there.

FROM HELL TO TOE

Verse on Metrics that Don Jacobs supplies from his local paper:

A Kilometer is a walk
That takes one-fifth an hour.
To go a mile in equal style
Turn on a lot more power.

In their first issue of the year, Athletics Weekly (British) reviewed some of the highlights from their 1951 numbers. Of interest to our readers were two World Records by Roland Hardy during a match with France. In the non-scoring 10 Km event (things were little different in those days), Hardy won in 44:38.2, passing 5 miles in 35:24. They also noted the results of the 1951 RWA Junior 5 Mile: 1. Norman Read 38:32 (Norm was 1956 Olympic 50 Km champion for New Zealand)...6. Don Thompson 40:48 (Don won the 1960 Olympic 50 Km title)...Which reminds me of the story Don told some of us in Tokyo in 1964. Upon returning a hero from Rome, Don was entered in a special 5 Mile race during a major International Invitation 1 Meet at the White City in London. Also entered in the race were Ken Matthews, Stan Vickers, Noel Freeman, and a few other world-class sprint walkers. Good as he was at the long races, Don's style did not really lend itself to top performances at the shorter distances and he knew he was in well over his head. Nonetheless, he felt obligated to make the effort since he was expected to do so. The announcer, with little knowledge of the hopelessness of Don's situation, gave him a tremendous build-up in the introductions--Olympic gold medalist and all. And he proceeded to walk what was for him a more than creditable race with something close to 37:30 for the 5. Nonetheless, the fans, who had been led to expect greater things from him, were not much in sympathy with his being lapped by the field and practically twice by Matthews who turned in 34:21, or some such ridiculous time. I'm not sure if he saw

the humor in the situation at the time but at least he did when he related the incident to us....One other note from that AW flashback, not related to walking, but interesting nonetheless: Valerie Hill (unofficial world record holder for 880) answering the AW Questionnaire: How many days a week do you train? "At the most, two." How long do you spend on each training session? "30-60 minutes."....The National 15 Km on May 29 will be held on the track in Champaign, Illinois and not in Chicago as listed last month. Tri-sponsors are the Illinois Track Club, Green & Gold A.C., and the U. of Chicago Track Club....Elliott Derman writes to clarify his suggestion to the National Committee regarding a World Walking Week. Elliott assures that he did not propose that the OWLW coordinate the affair. (I hope that no one interpreted my remarks to indicate that that part of the suggestion came from Elliott. That suggestion came from the committee when Elliott's proposal was presented to it.) Regarding his proposal, Elliott says: "...when I made the suggestion by letter to the committee, I certainly did not say that the USA should be the host country. A European country could probably do much better by it. Rotation to various cities would probably be the best anyway. I merely wanted the AAU to endorse the idea and then bring it forward at the next meeting of the International Amateur Athletic Federation Race Walking Commission. It would be a most positive forward step for a sport that has been taking its lumps from those outside race walking in recent years. It would be a way of showing to those who go along with IAAF thinking that race walking is a sport going backward and not promoting itself with new projects that indeed the reverse is true!...Elliott also speaks out in favor of the National 1 Hour being a postal affair. He says, "I still think the idea of a Postal 1-Hour Walk has much value and will act to reinstate it (with the Shore AC as sponsor) for 1977. In these days of astronomical travel costs, I think we in race walking can do our little bit by having it done postally, the way the runners have done so successfully for years. Perhaps Mr. Hagerty did not organize things properly, and almost all of Ron Daniel's complaints are legitimate, but if done properly, the race can have many advantages when done postally. Surely, one of our 13 Nationals can be operated this way--and give people in the far-flung corners of the USA perhaps their only shot at national honors in a given year.".... In our report on the Lugano Cup races a few months back, we presented some rather harsh commentary on the style of Mr. Karl-Heinz Stadtmuller by Bob Bowman. Jerry Brown, who had the opportunity to watch the East German rather closely after being bounced on his ear by those nasty judges, offers the following: "A short comment on the style of Kannenburg and Stadtmuller. Kannenburg is very disciplined in his movement, the same arm action each step. He carries his arms higher than all the experts in the U.S. say one should. But, he also pulls the elbow way back, which is probably the key to staying down. Stadtmuller carries his arms low, but he moves them in different arcs at different speeds. The movement of his arms makes him look a little bouncy, but if you block out his upper body it becomes apparent that he's on the ground."....And from Howard Barnes, this tip for some rainy night: "Am wandering around my favorite second-hand book store last month when I came across a gem. And it only cost a dime to boot. A paperback put out by Dell. No. 8767. Titled Wobble To Death by one Peter Lovesey. From the author's note--The characters in this novel are fictitious, but the setting is authentic. Six day Go As You Please Contests or 'Wobbles' were instituted by Sir John Astley in March 1878 and became very popular on both sides of the Atlantic in the eighties. (Ed. Long-time readers will recall that we stole an article on these contests from Athletics

Weekly a few years back) An Englishman, George Littlewood, set the record of 623 3/4 miles in New York in 1888, in spite of his foot being burned during the race, when his alcohol bath caught fire. In 1966 a physiologist, B.F. Lloyd, writing in Advancement of Science, described Littlewood's feat as 'probably about the maximum sustained output of which the human frame is capable--Anyway, said book--during a grueling six-day walking race, a Victorian novelty show where only the best can win, one man's wife becomes another man's mistress, one man's tonic becomes another man's poison--and two of the fittest never survive! It is well done and is hard to put down and a walker can get right into the novel and empathize with the contestants.'....More from Ron Laird down in Mexico. He reports that the Mexican National coach, Jerzy Kulašewski will be leaving the country after this year and that Mexican race walking will probably fold after Montreal, which will leave some pretty outstanding athletes out of sport and probably in a bad way financially. Therefore, he is looking for ways to encourage their continuation in the sport. Ron himself has written NYAC officials to see if any jobs could be found for them in this country and has also written several NAIA officials regarding possible educational opportunities. He is now asking for information on anybody or any organization that might be able to help a few of these guys come up here and continue their walking. Send any ideas you may have to me and I will pass them on to Ron. Or write him yourself since he is rather starving for contacts with the English language anyway. Address: Ron Laird, c/o Pacheco, Lerdo Ote #607, Toluca, Mexico

ALL-TIME LIST OF BEST TRACK AND FIELD PERFORMANCES BY U.S. WALKERS

This list was last published in December 1971, and although I have few changes to what I published then, I have a lot more readers now who may be able to offer some corrections and additions. I guess my idea in compiling this list is to demonstrate that walkers are not non-athletes, as some feel. Performances must be actual competitive marks to qualify for this list and they must be turned in by bona fide race walkers (although not necessarily at the time they recorded the mark). Runners who may have jumped in a walking race or two for a lark do not qualify for the list. (This eliminates such as Gerry Lindgren who once walked a 7:11 mile and took second in a Junior National 15 Km. His marks may qualify as records in another category of best walking performances by runners.) I accept marks if someone tells me they did them but prefer that they be verified with the exact date and location of the performance. So, send any additions and corrections and I will duly note them in forthcoming issues. So here they are.

100 yds--9.9 John Dick, 1936
 100 M---10.9 John Dick, 1936
 220 yds--22.8 Jack Mortland, 1955
 23.4 John Dick, 1936
 440 yds--49.5 Jack Mortland, 1956
 51.5 Dick Ortiz, 1959
 880 yds--1:53.8 Dick Ortiz, 1959
 1:54.0 Floyd Godwin
 1:56.8 Don Johnson, 1940
 1:57.6 Ray Somers (Indoors), 1967
 1 Mile--4:14.0 Butch Hammer, 1963
 4:15.2 Floyd Godwin
 4:16.0 Bill Ranney
 4:18.8 Dick Ortiz, 1959
 4:19.4 Jack Blackburn, 1955

2 Miles--9:13 Butch Hammer, 1963
 9:14.5 Ray Somers, 1964 (Indoors)
 9:20.0 Floyd Godwin
 3 Miles--14:42.6 Jerry Bocci
 14:44.0 Floyd Godwin
 5 Km---14:27.0 Bill Ranney
 6 Miles--30:22.5 Ray Somers, 1967
 30:23.0 Floyd Godwin
 10 Km---31:44.0 Floyd Godwin, 1968
 32:18.8 Ray Somers, 1967
 32:24.2 Jack Blackburn, 1956
 10 Miles--53:40 Floyd Godwin, 1968
 56:03 Ray Somers, 1963
 1 Hour---11 mi 176 yds Floyd Godwin, 1968
 10 mi 1180 yds Dick Ortiz, 1961
 3000 M SC--9:24.8 Floyd Godwin
 9:47.0 Ray Somers, 1966
 10:19.8 Jack Mortland, 1961
 120 yd HH--15.7 Bruce MacDonald
 220 yd LH--24.5 Bruce MacDonald
 25.3 Jack Mortland, 1957
 440 yd H--55.8 Brian Murphy, 1966
 56.0 Jack Mortland, 1957
 400 M H--55.4 Brian Murphy, 1966
 Marathon--2:20:52 Floyd Godwin, 1968
 Carl Swift (I know he did something in the 2:20-2:22 range but can't find the mark now)
 2:44:48 Dick Ortiz, 1960
 2:53:08 Jerry Bocci
 High Jump--5'10 1/2 John Dick
 5'10 1/2 Jack Mortland, 1955
 Long Jump--22'6 Brian Murphy, 1970
 21'11 1/2 John Dick, 1941
 20'1 Jack Mortland, 1955
 Triple Jump--48'3 1/2 John Dick, 1945
 Pole Vault--13'8 Brian Murphy, 1970
 11'6 Bill Hohenstreet, 1965
 10'6 George Braceland, 1932
 Shot---43'6 John Dick, 1937
 Discus--160' Bill Ranney
 144'8 John Dick, 1941
 Javelin--185'1 Brian Murphy, 1964
 Hammer--141'2 Brian Murphy, 1969
 Pentathlon--3179 pts, Brian Murphy, 1967
 1941 pts, Jack Mortland, 1956
 Decathlon--6549 pts Brian Murphy, 1966
 6007 pts Dave Kidahl, 1968
 All*Around--7947 pts Brian Murphy, 1969
 4386 pts Jack Mortland, 1955